

PARK STREET KITCHEN - ALLERGENS

All dishes are cooked from scratch with fresh, good quality ingredients. We also have a good range of gluten free, vegan, vegetarian and healthy Caribbean food dishes too. If you have an allergy please let us know so we can advise what meals contain allergens. However due to the nature of our business we cannot guarantee that food prepared on these premises is free from traces of the following allergens, as they are handled on these premises: Celery, Cereals containing Gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Mollusc, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur Dioxide.

1. CAKES -

CARIBBEAN RUM CAKE: GLUTEN / EGG / DAIRY

CHOCOLATE BROWNIE: EGG / DAIRY

NUTELLA BANANA LOAF: GLUTEN / EGG / PEANUT / DAIRY

OATMEAL RUM COOKIES: GLUTEN / EGG / DAIRY

PEANUT BUTTER & CHOCOLATE FLAPJACK: GLUTEN / PEANUT

SPICED BANANA LOAF: GLUTEN / EGG / DAIRY

2. MAINS -

RICE AND PEAS: SULPHUR DIOXIDE

STEAMED VEGETABLES: NO ALLERGENS

WHITE RICE: SULPHUR DIOXIDE

ACKEE AND SALTFISH: FISH / MUSTARD / CELERY

CHICKPEA & BUTTERBEAN CURRY: CELERY / MUSTARD / SULPHUR DIOXIDE

CURRY GOAT: CELERY / MUSTARD / SULPHUR DIOXIDE

CURRY VENISON: CELERY / MUSTARD / SULPHUR DIOXIDE

FRIED CHICKEN: GLUTEN / CELERY / MUSTARD / SULPHUR DIOXIDE

JAMAICAN BREAKFAST: GLUTEN / FISH / MUSTARD / CELERY / SULPHUR DIOXIDE

JERK CHICKEN: GLUTEN / CELERY / MUSTARD / SULPHUR DIOXIDE

OXTAIL & BUTTERBEAN: CELERY / MUSTARD / SULPHUR DIOXIDE

STEWED CHICKEN: CELERY / MUSTARD / SULPHUR DIOXIDE

YUTE DEM BOWL: CELERY / MUSTARD / SULPHUR DIOXIDE

3. SIDES -

CARIBBEAN PICKLE: SULPHUR DIOXIDE

CARIBBEAN SOUP: GLUTEN

CHICKEN BITES: GLUTEN / CELERY / MUSTARD / SULPHUR DIOXIDE

COLLY POPCORN: GLUTEN / CELERY / MUSTARD / SULPHUR DIOXIDE

DUMPLINGS: GLUTEN

JERK DOUGH BALLS: GLUTEN / SESAME SEEDS

MAC CHEESE: GLUTEN / DAIRY

PLANTAIN: GLUTEN

SALSA: SULPHUR DIOXIDE

SALTFISH BITES: CELERY / MUSTARD / SULPHUR DIOXIDE / FISH

SLAW: MUSTARD / SULPHUR DIOXIDE

4. STREET FOOD -

FRIES: GLUTEN

JERK BURRITO: GLUTEN / CELERY / MUSTARD / SULPHUR DIOXIDE

JERK LOADED FRIES: GLUTEN / SESAME SEEDS / CELERY / MUSTARD / SULPHUR DIOXIDE

LOADED FRIES: GLUTEN / SESAME SEEDS

PSK BURGER: GLUTEN / CELERY / MUSTARD / SULPHUR DIOXIDE

VEGAN LOADED FRIES: GLUTEN / SESAME SEEDS / SULPHUR DIOXIDE